Dear Pacific Packer:

We’re excited about our journey through the beautiful redwoods. Let’s prepare for the trip.

**Except for hiking boots**, **most gear should be borrowed instead of purchased**. If you do not have gear of your own, considering borrowing from a Boy Scout, as much of the backpacking gear is required gear for most Boy Scouts. If you purchase gear, be sure to keep the tags on the items as often we will exchange gear with items in our extra gear bin at camp.

1. BOOTS:
   * high top, flexible, and broken in (at least 10 hours of wear).
   * need to be comfortable (normally at least ½ size bigger than normal sneaker). The boot should fit well with 2 pairs of socks (nylon or silk liner + heavy outer sock – neither one cotton).
   * Shop Big 5, Sports Basement, Dick’s; expect to pay $40-80, more expensive does not mean better
2. BACKPACK:
   * Should be adjustable.
   * Must have an internal or external frame
   * is required gear for most Boy Scouts, if you need to borrow one.
3. SLEEPING BAG:
   * should be the kind that stuffs (down or polarfill type) in a waterproof stuff sack, If you can’t stuff it, then it is not a sleeping bag for backpacking.
   * is required gear for most Boy Scouts, if you need to borrow one.
4. CLOTHING:
   * NO COTTON
   * Should be light weight and synthetic
5. TOILETRIES: All toiletries should be small/trial size, as regular size items add up to extra unnecessary weight.

If you have any questions or have difficulty finding items, contact:

Sapphire: 925-639-1236; [tomsueolson@gmail.com](mailto:tomsueolson@gmail.com)

Tiggerroo: 510-693-6793; [christine.alvaro15@gmail.com](mailto:christine.alvaro15@gmail.com)

BACKPACKING EQUIPMENT LIST Put your name on everything!

\_\_\_\_\_ BACKPACK with FRAME

FOOTWEAR:

\_\_\_\_\_hiking boots, high tops

\_\_\_\_\_thin liner socks (3 pairs, nylon or other synthetic, NO COTTON)

\_\_\_\_\_heavy socks (3 pairs, wool or synthetic, NO COTTON)

SLEEPING GEAR

\_\_\_\_\_sleeping bag and stuff sack

\_\_\_\_\_insulating pad

\_\_\_\_\_sleeping bag straps (if hanging)

\_\_\_\_\_ pillow case (stuff with clothes for pillow at night)

\_\_\_\_\_ long underwear or leggings (polyester, silk, nylon, polypropylene, etc. – NO COTTON)

\_\_\_\_\_wool cap, mittens or gloves

CLOTHES: All clothes should be made of lightweight, synthetic, wicking material - NO COTTON

\_\_\_\_\_1 pair hiking shorts or pants, lightweight (nylon, polyester, i.e. soccer/basketball shorts)

\_\_\_\_\_1 t-shirt, lightweight (synthetic)

\_\_\_\_\_1 pair lightweight long pants (yoga or leggings - NO JEANS)

\_\_\_\_\_1 long-sleeve shirt (synthetic)

\_\_\_\_\_Fleece or synthetic sweatshirt/jacket (NO cotton sweatshirts!)

\_\_\_\_\_hat with brim

\_\_\_\_\_underwear and sports bra

\_\_\_\_\_lightweight plastic poncho or large trash bag

EATING GEAR: lightweight and durable

\_\_\_\_\_1 cup

\_\_\_\_\_1 bowl or plate

\_\_\_\_\_spoon or spork

\_\_\_\_\_Two - 1 liter wide-mouth plastic water bottles with screw-on lid (or equivalent hydro-pack)

TOILETRIES: (trial size)

\_\_\_\_\_toothbrush \_\_\_\_\_comb or brush (small) \_\_\_\_\_chapstick (with sunscreen) \_\_\_\_\_sunscreen

\_\_\_\_\_bug repellant (small) \_\_\_\_\_pads or tampons, if needed \_\_\_\_\_deodorant (as small as possible)

\_\_\_\_\_personal medications

MISCELLANEOUS:

\_\_\_\_\_small flashlight (AA batteries or smaller), or Head Lamp \_\_\_\_\_whistle \_\_\_\_\_sunglasses \_\_\_\_\_2 bandanas \_\_\_\_\_mosquito head net (for over face)

OPTIONAL ITEMS: (not necessary)

\_\_\_\_\_ very lightweight water shoes (like crocs) \_\_\_\_\_pocket knife \_\_\_\_\_ mesh/dunk bag

\_\_\_\_\_camera (disposables work great) \_\_\_\_\_hiking poles \_\_\_\_\_mosquito bivvy

GROUP EQUIPMENT: (supplied by camp) soap, nylon cord, stoves and fuel, cooking utensils, water purification, maps and compasses, Tyvek ® ground cover